

University of Mumbai



Academic Planning &
Development Section
No. APP/CD/301/13427 of 2018
10th August, 2018

To,

I/C Principal,
Children Welfare Centre's
Clara's College of Commerce,
Yari Road, Versova,
Mumbai- 400 061.

Sir,

With reference to your letter Ref. No.CCC/Workshop/2018-19/4962, dated 8th August 2018, I am directed to inform you that as per the decision taken by the Management Council at its meeting held on 11th March, 2016 vide item No. 2 your request for permission to collaborate with University of Mumbai for Organize One Day National Workshop on "Expanding Emotional Intelligence for Professors." on 25th September, 2018 has been granted, subject to the condition that there shall not be any financial liability on University and that if you use University "Logo", it shall not be misused.

Yours faithfully,

A handwritten signature in black ink, appearing to be 'S. D. D.' or similar.

for ASSISTANT REGISTRAR
(A. P. D. Section)

CLARA'S COLLEGE OF COMMERCE
YARI ROAD, VERSOVA

REPORT ON ONE DAY NATIONAL LEVEL WORKSHOP ON
"EXPANDING EMOTIONAL INTELLIGENCE FOR PROFESSORS"

DATE: 30/10/2018

IQAC committee of Clara's College of Commerce organized one day National level workshop on "Expanding Emotional Intelligence for Professors" in collaboration with Mumbai University on 25th September 2018. Session was conducted by Dr. Vipul Vyas, PD.D (EQ), MBA, Corporate HR facilitator, operates MANN- THE MIND and has 25 years of experience and has conducted various training sessions. Total beneficiaries for the workshop were 56. Dr. Sangeeta Pawar is HOD of commerce department in University of Mumbai and was invited as Chief Guest. Ms. Anita Patel, I/C principal Mrs. Babita Kanojia and Dr. Sangeeta inaugurated workshop. Dr. Sangeeta shared her personal views and experiences which enlightened the audience and also spoke about having positive and optimistic approach towards various life situations.

Dr. Vipul Vyas sir was introduced by Dr. Mamta Rajani and session officially began.

Introductory of workshop was began with few questions which triggered the thought process. He explained the significance of IQ, EQ, and to maintain balance.

Main aim of the workshop was;

- Balancing emotions at workplace
- Convert negative emotion into positive and self-learning approach.
- Maintaining healthy relationship at personal and professional level.
- Ways to build and maintain self-confidence, self-motivation, self-awareness, self- management.

He also explained few concepts and theories that can be used in our day-to-day life and in classroom, dealing with students. He taught to keep students motivated by sharing few examples. Case- study was discussed and videos were shown for better understanding of theory.

Entire session was very fruitful and benefited to all participants. Special thanks to University of Mumbai for granting us permission to conduct the workshop at national level. Thanks to Management, Mr. Prashant Kashid sir and all supporting team in helping to organize such events successfully. One day national level workshop ended with vote of thanks.

Prepared by,
Reena Dave



